



**Want to Stay Alert and Active for You
and Those you Love?**

To learn more please call: **404-712-9911**
or e-mail: whartonlab@emory.edu

What is the goal of ACE?

The main purpose of ACE is to determine if taking Equol, a plant-based supplement, could slow the progression of stiffening of the arteries, small blood vessel disease in the brain and memory decline.

Who is able to participate in this study?

ACE is open to African-American or Caucasian **Men and Women, aged 65 to 85 years old** who meet the eligibility criteria.

What is involved to participate?

We will ask you to complete 7 clinic visits over a two year period so that we can evaluate any changes. Clinic procedures will include:

- Magnetic Resonance Imaging (MRI) of the brain
 - Carotid Ultrasound of the arteries in the neck
 - We will ask you to take soy tablets daily for 24 months
- You will receive results of some assessments, will be compensated for your time and, if needed, transportation can be provided at no cost.

